

NEW ORLEANS VEGAN DINING GUIDE

PROVIDED BY



HUMANE
Society of Louisiana

West Bank

2 PHAT VEGANS

All-vegan comfort food deli, black-owned

3613 General Meyers, Algiers

Mon-Sun 11am-9pm

Burgers, po-boys, smoothies, sea moss drinks, cookies

(504) 239-7801

www.2phatvegans.com

BANANA BLOSSOM

Thai fusion

500 9th St., Gretna

Tues - Sat

Lunch 11am - 2:30pm,

Dinner 5pm - 9:30pm

Several vegan options and lots of items can be veganized.

Kimchi tofu and ramen tofu dishes.

(504) 500-0997

www.504bananablossom.com/

PLANT BASS VEGAN DELI

All-vegan, Black-owned

2630 Manhattan Blvd Suite A, Harvey, LA

Monday Closed, Tue - Sun 11am-7pm

Happy Hour is 4-6 daily with mocktail drink specials and

half price specials. Top selling offerings are: Vegan Hot

Sausage Poboy, BBQ Jackfruit Ribs, Mic Drop Burger,

Home Made Vegan Meatball Sub, Fried Mushroom Poboy,

Vegan Chocolate Cupcakes, & Vegan Chocolate Chip

Cookies

(504) 272-2311

www.plantbassdeli.com/

BARRACUDA

Mexican, outdoor seating

446 Pelican St, Algiers

Daily 11:30a-9p

Farmer taco and veggie bowl, mushroom taco, seasonal

special

(504) 766-7268

www.eatbarracuda.com

French Quarter, CBD

CARMO

Omni & vegan, Casual

527 Julia St

Sun/Mon closed, Tue/Wed 9am-10pm,

Thurs-Sat 9am-11pm

Happy Hour Drink Specials 3-6 pm

Dishes with an emphasis on fresh, local ingredients, as

well as unique and little-known flavors from around the

world.

(504)875-4132

cafecarmo.com

LOUISIANA PIZZA KITCHEN

95 French Market Place, French Quarter

Vegan Chao cheese sticks with marinara, Pizza and more

THAIHEY

Winner of the 2023 Nola Vegan Chef Challenge

Must try: Green Curry Vegan

HOLY CREPES

1100 N Peters St Stall 23, French Quarter/Market

Most menu items can be made vegan upon request. They

use a separate grill and separate utensils. Their most

popular vegan crêpe is the Le Amore, which is made of

strawberries, bananas, and vegan Nutella. Their most

popular savory, vegan crêpe is the Le Pesto, made of

mozzarella, tomatoes, their signature house-made pesto

sauce, and spinach.

Uptown, Garden District, Audubon

BREADS ON OAK

All-vegan Bakery & Cafe

Their uptown location has outdoor seating and is dog-friendly

Uptown, 8640 Oak St

Open 7 days a week, 7:30am-3pm

504-324-8271

Downtown, 222 Carondelet Street

Open 7 days a week, 7 days, 8am-2pm

504-841-9432

New item specials each week. Happy hour is all day Saturday and Sunday for half priced mimosas. Artisan breads & pastries, soups & sandwiches, coffee & espresso, beer & wine.

breadsonoak.com/

SLIM GOODIES

A good 'ole greasy diner that has vegan options, 20% gratuity for pick ups

3322 Magazine St, Uptown

7am-3pm Daily

Garden Slammer is a breakfast scramble served with hashbrowns, tofu Slimchili, vegan bacon, and their black bean burger hits the spot for lunch, with or without their veggie chili.

(504) 891-3447

www.slimgoodiesdiner.com/

EMPANOLA

Latin American, Dog-friendly, Outdoor seating

7321 Freret St

(504)-249-5977

Mon, Tue, Wed, Thur, Fri, 11:30 am - 8:00 pm

Sun, Sat, 10:30 am - 8:00 pm

3109 Magazine St

(504)-582-9378

Mon, Tue, Wed, Thur, Fri, 11:30 am - 8:00 pm

Sun, Sat, 10:00 am - 8:00 pm

Happy Hour Monday through Thursday 3:30 to 5:30 50% beers.

Impossible and Yellow Curry empanadas

empanolaempanadas.com

KINDRED

All-vegan comfort food

7537 Maple St

Mon/Tue closed. Wed-Th 4-10, Fri/Sat 11am-10pm

Happy Hour Wed-Sun 4pm-6pm Craft cocktails, poboys, sides & baked goods

504-841-9538

KindredNola.com

MidCity

G'S PIZZA

Outdoor seating available

4840 Bienville St

Daily specials, 4pm- 6pm, \$3 BEER, SELECT WINE, AND MIMOSAS

Mon- One topping small pizza | \$7.99

Tue- Large pizza & bottle of house wine | \$29

Wed- Half-off large gourmet pizzas

Thurs- Beer, wine & mimosas | \$3

Fri- Margaritas 3-6 PM | \$5

Sat- none

Sun- Bottomless mimosas | \$19

Beer bucket | \$15

Saints game special

Vegan burgers, pizza, and more. Their avocado and strawberry salad is amazing. A ton of pizza options including cheezy bread.

(504) 483-6464

gspizzanola.com

TAL'S HUMMUS

MIDDLE EASTERN, omni, casual

4800 Magazine St, Uptown

Daily 11am-10pm

Nice selection of vegan Israeli street foods including a flavorful Vegan Shawarma - available as a pita or platter and complete with seitan and grilled onions, hummus, fries, and Israeli salad, and a tempura fried cauliflower pita with kalamata olives, Israeli salad, green chili, and tahini

(504) 267-7357

www.ordertalsonline.com

JUAN'S FLYING BURRITO

Mexican, Outdoor seating

Lower Garden District 2018 Magazine St

(504) 569-0000

Sun-Sat, 11am-10pm

Uptown-8140 Oak St

(504) 897-4800

Sun-Sat, 11am-10pm

Mid City-4724 South Carrollton Ave

(504) 486-9950

Sun-Sat, 11am-10pm

CBD-515 Baronne St

(504) 529-5825

Sun-Sat, 11am-10pm

Dine-in only specials on food and drinks. Lots of vegan options, huge burritos, great margaritas.

juansflyingburrito.com

TRILLY'S

Philly Cheesesteaks, casual, omni, Patio dining available. Completely separate grill, oven, fryer, and cutlery for all their vegan options, so there's no cross-contamination

3735 Ulloa St, MidCity

Tuesday - Thursday 11 - 9pm

Friday - Saturday 11 - 11pm

Sunday 11 - 9pm

Several vegan philly sub options and amazing sides

(504) 582-9057

trillycheesesteaks.com

**Marigny,
Bywater**

SMALL MART

Indian food and bagels

Bagels! Pakora po-boy, marinated tofu po-boy, veggie burger po-boy, chaat bowl

SNEAKY PICKLE

Casual, omni, Uses local produce. Lunch menu is available on Tuesday nights.

3200 Burgundy Street

Thurs- Mon 11am - 4pm

Tues 11am-9pm

Closed Wed

Happy hour menu to come soon on Tuesdays!

Daily specials. Vegan egg rolls stuffed with black rice, mushrooms and sweet chili aioli, a Reuben with smoked tempeh, creamy mac n cheese, and buffalo tofu and cauliflower salad

(504) 218-5651

www.yousneakypickle.com

PIZZA DELICIOUS

NY style pizza

617 Piety St, Bywater

Mon-closed

Tues-11:30a-9p

Wed-11:30a-11p

Th-11:30a-10p

Fri-11:30a-10p

Sat-11:30a-10p

Sun-11:30a-9p

Vegan SLICES! Vegan options for NY style pizzas, housemade pastas and fresh salads

(504) 676-8482

pizzadelicious.com

CAPULET

3014 Dauphine St, Bywater

Monday-Thursday 4pm-10:30pm

4pm-6pm

\$7 Fried Chicken/Tofu Sandwich

\$1 Fries (with drink)

\$2 PBR | \$5 Cava | \$5 Boozy Punch

\$4 PBR and Whiskey Shot

Fried Tofu Sandwich GF available with a GF bun, Cauliflower Gnocchi, Hot & Sour Corn Soup, Thai Basil Hummus

504.507.0691

www.capuletbywater.com

Food Trucks

TANJARINE KITCHEN

Black-owned, All-vegan Food Truck & building permanent location as well

3891 Washington Ave, Broadmoor

Mandala burger, gumbo

ORIGINAL THOUGHT

All-vegan food Truck

Often at 1857 Agriculture Street

Must try: Better Than Popeye's Sandwich Combo