

## SHARING THE LOVE WITH FARM ANIMALS THIS 'VEGANUARY'

The *Humane Society of Louisiana* celebrated **Veganuary** this month, by helping community members explore plant-based eating. We distributed dozens of *Vegan Starter Kits* to people who made New Year's resolutions to go vegan—or simply to eat more plant-based meals. Each sponsored kit included a variety of plant-based meat substitutes and other vegan products designed to help participants discover how easy and satisfying animal-free eating can be.

*Veganuary* is a global campaign encouraging people to try vegan living for the month of January. In modern factory farms, billions of animals endure short lives in crowded sheds, cages, and crates, where they are denied natural behaviors and often subjected to painful procedures. Choosing plant-based foods is one of the most powerful ways individuals can reduce this suffering. In fact, studies suggest that a single person who adopts a vegan diet can spare dozens of animals each year. You don't even need to be a vegan to help. Even reducing meat consumption and enjoying some plant-based meals can make a meaningful difference for animals, the environment and your health. We are grateful to our starter kits sponsors and to everyone who participated in *Veganuary* with us. Small changes at the dinner table can add up to a kinder world for animals.



*Marvin (left) is a disabled goat, who would have become a meal had he not been rescued. His Mom was a recipient of one of our Veganuary Vegan Starter Kits. Marvin is pictured with some of the plant-based goodies. When people enjoy vegan meals, sweet animals like Marvin can be spared.*



*We pitched in for the neuter of this sweet, shaggy dog (above) rescued near our Tylertown Animal Transport Center.*

*Your contributions helped pay for the care of this poor, abandoned 20 year old Palomino, who was rescued this month.*



*Thanks to all of our Facebook friends, who donated in honor of Jeff Dorson's birthday this month. Our tireless founder was happy to direct the funds towards the rescue of **Jessie** (above) and several others.*



*Buttons (above) was treated for a painful UTI, thanks to donors who pitched in for her veterinary care.*



*St. Mary Parish officials converged with animal advocates to break up a run-down pit bull breeding site, likely used by dog-fighters. 14 pit bulls, including a scared and malnourished nursing mom and her puppies, were taken into custody. We were happy to contribute to the care of the animals, and we thank the St. Mary Sheriff's Office and local rescuers for coordinating this rescue effort.*



ALL DONATIONS ARE TAX DEDUCTIBLE TO THE FULLEST EXTENT ALLOWED BY LAW.

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